

Nurses at the Goodfellow Club

Peter Huggard and Perrin Rowland

Goodfellow Unit, Department of
General Practice and Primary Care,
School of Population Health, University
of Auckland

www.goodfellowclub.org



Concerned with making the population healthier by empowering our health care professionals through education and information.

Offering leading edge postgraduate and continuing education to the primary health care community for over 30 years.

The basis from which we develop our online learning



We work closely with professional organizations in order to provide material that is timely and useful

- ACC
- NZ Doctor
- Pharmac
- RNZCGP
- UoA: SOPH and the School of Nursing
- As well as other educational facilities, such as AUT, and corporate groups, such as Mercy Ascot.

By law: Nurses must show evidence of 60 hours of professional development in three years.

Accredited conferences and classes account for large chunks of time.

With the unending demands of practice, the staggered professional hours + more access to the internet at home and at work = web based learning is a feasible and smart addition to more traditional CNE

Web based (multimedia/online/flexible) learning is the best way to provide flexible and permanently accessible continuing education.

Registering with an accredited continuing professional development website (like the Goodfellow Club) can help nurses:

- Fill in remaining hours – work with your traditional CNE
- 24/7 access
- Access to a wider learning community



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Keep up with the
latest developments

*Making e-learning more
effective for nurses*

- We provide continuing accredited education for health professionals working in primary health care
- Interactive quizzes, case studies and other resources
- Over 2400 registered Club members

www.goodfellowclub.org



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- The Goodfellow Club is a constructivist learning environment that is based around case studies where learning is delivered at three distinct points as follows:

1. The first point of learning is through the scientific evidence.



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2. The second point of learning is in the question.

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3. The third point of learning is in the answers;

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- Learners take these quizzes to earn professional development credits.

Ex. Nurses earn certificates for Continuing Professional Development (CPD) Hours

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Does Web Based Learning Work?

Yes.

Quality of the education is important.

Some questions you should ask from your web based learning:

Is the information going to help you?

Is it best practice?

Is it peer reviewed?

Is it telling you something that you don't already know?

CNE websites allow for Lifelong Learning experiences

- Flexibility
- Accessibility
- Time saving / Learning Compression
- Management
 - Content
 - Learner progress
 - consistency

Can I work it?

- Technology happens

Some Key Points:

- It's not your fault
- You didn't break it
- This doesn't mean that you can't fix it.
 - help@goodfellowclub.org





Doctors

Nurses

Physiotherapists

Welcome

Login/Email Address

Password



Login

Register

Forgot Password

Register with the Goodfellow Club

1. Fill in the registration form below. A confirmation email will be sent to the registered email address.
Note: compulsory fields are marked with an *
2. Click the **Confirm your Registration** link in that confirmation email to complete your registration and enable your login.

Section 1

Email:

Your registered email address is your login name

 *

Password:

 *

Verify Password:

 *

Forenames:

 *

Surname:

 *

City/Region:

 *

Country:

 *

Section 2



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Goodfellow Administrator



Logout



Change Password



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CVD Risk and Smoking
Cessation

Cultural Safety

Nurses

Last updated on 12 Sep, 2008 3:38 p.m.

You can gain **Continuing Educational Hours** for each case study completed. Please follow the simple steps below to start each case study and to print off a certificate of your work:

1. Go to the left hand side menu and click on a case study of your choice.
2. Read the case scenario / introduction and answer the questions.
3. When you have completed the case study, please click the 'Get Certificate' button on the 'End' page of the Case Study.
4. See your Results and click on the certificate link in the blue box at the top of your screen. This will generate a certificate that you can print off.



Perrin Rowland



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Venous Leg Ulcer Management in the Community

Last updated on 12 Sep, 2008 3:49 p.m.

NEXT



This quiz was written by Janine Horsfall, RN, BHS(Nsg), PGDip.

Chronic wounds such as leg ulcers present a major challenge to many community nurses. They are often a recurring problem that can be costly to a health care system and the individual as well. It is important nurses are aware of effective venous leg ulcer treatments. There are many guidelines related to the management of venous leg ulcers, all based on research.

Some of these studies have been included below as required and recommended readings:

Required:

- Burrows (2007). Best Practice Recommendations for the Prevention and Treatment of Venous Leg Ulcers: Update 2006. Advances in Skin & Wound Care: The Journal for Prevention and Healing. 20 (11). <http://www.nursingcenter.com/pdf.asp>
- Royal College of Nursing (RCN). (2006). Clinical practice guidelines: The nursing management of patients with venous leg ulcers. Royal College of Nursing, UK. http://www.rcn.org.uk/_data/assets/pdf_file/0003/107940/003020.pdf

Leg Ulcers

Venous Leg Ulcer Management in the Community

- Question 1
- Question 2
- Question 3
- Question 4
- Question 5
- Question 6
- Question 7
- Question 8
- Question 9
- Question 10
- Question 11
- Question 12
- Question 13
- Question 14
- Question 15

End



Question 2

(1 mark) On viewing her wound you find a wound on her calf measuring 5 X 8 cm. The wound is shallow and irregular in shape. The dressing you remove indicates a high level of exudate. Her limb is warm.



You suspect Mrs A has a venous leg ulcer. What assessment findings in addition to the wound bed assessment support your differential diagnosis?

- ☐ Multiple pregnancies, varicose veins, lower leg swelling
- ☐ Low BMI, Multiple pregnancies, hypertension
- ☐ Age, hypertension, lower leg trauma
- ☐ Age, hypertension, low BMI



CHECK ANSWER

Leg Ulcers

Venous Leg Ulcer Management in the Community

- [Question 1](#)
- [Question 2](#)
- [Question 3](#)
- [Question 4](#)
- [Question 5](#)
- [Question 6](#)
- [Question 7](#)
- [Question 8](#)
- [Question 9](#)
- [Question 10](#)
- [Question 11](#)
- [Question 12](#)
- [Question 13](#)
- [Question 14](#)
- [Question 15](#)

End



Results



Leg Ulcer

0/15

More...

We like to say our learning is in the answers.

The reasons on why a question is wrong is explained along what the correct answer is and why.

This is why our quizzes are more of a learning journey than an assessment.



Question 2

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- ☐ Multiple pregnancies, varicose veins, lower leg swelling
- ☒ Low BMI, Multiple pregnancies, hypertension

✗ A high BMI not low is often seen in venous leg ulcers. Hypertension would indicate a potential arterial component complicating a pure venous diagnosis. Risk factors associated with venous disease include age, obesity, multiple pregnancies, lower leg swelling, lower leg trauma and varicose veins

- ☐ Age, hypertension, lower leg trauma
- ☐ Age, hypertension, low BMI



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This is to certify that

Perrin Rowland

has completed one educational hour /
one MOPS point

by completing the following evidence based
CME / professional development online course

Leg Ulcers

2008

21 April 2009

This certificate is issued by
The Goodfellow Unit
School of Population Health
The University of Auckland
Private Bag 92-019
Auckland
RNZCGP Registered CME Provider

The Importance of Building Online Communities From One Expert to a World of Experts



The goal of a learning community is to advance the *collective* knowledge and in that way, to support the growth of individual knowledge.

Scardamalia and Bereiter, 1994
own emphasis

Generally, a learning community has the following characteristics:

- Diverse and heterogeneous
- Collaborative – both for a common objective and individual development
- Sharing and creating knowledge to improve the collective ability
- Community or Learner centred – not about A teacher but learning from groups
- Expertise flows in many directions
- Interdependent, promoting collective effort



The Goodfellow Club:

What we are trying to build is a
CLUB: this our learning
community--

Where members contribute to improving the
collective health and practices of a
population.

- Gathered materials for accreditation
- Opened it to a diverse primary health care community
- Created a forum and a practice to best present their material
- All peer reviewed to ensure best practices that are applicable and current
- But we need help from the community.

Learning Communities are bigger than the medium

- They require collaboration and contribution
- Tell us what you need and how we can make professional development work for you
- Share your knowledge
- Ask for information
- Commit

Together with strategic partnerships and connections
across primary health care communities

