

Lung health awareness month

November is lung health awareness month and the New Zealand Rural General Practice Network is delighted to support the Lung Foundation New Zealand raise awareness by sharing and promoting its lung health poster and by encouraging rural practices, communities and individuals to organise an event that will save lives by increasing awareness and early detection of lung disease.

Click on the link to access the [lung health poster](#) and click on the link to [plan an event](#).

Lung Foundation New Zealand was established in 2015 and is a non-government organisation dedicated to promoting healthy lungs and early detection of lung disease including lung cancer, NZ's biggest cancer killer. Five Kiwis every day die of lung cancer. The Lung Foundation is devoted to supporting people affected by lung disease and provides a voice for patients and their families. The Foundation advocates on a range of issues, including access to more effective funded treatments, an increase in research funding and a commitment to making Aotearoa a Smokefree nation by 2025. The Foundation has published a number of lung cancer patient resources to empower patients and carers and help them make informed treatment decisions. Together, the 12 individual lung cancer patient resources make up a toolkit that informs all aspects of the lung cancer patient journey. These resources are ideal for GPs and specialists to provide to their patients.

The resources can be found on [Lung Foundation New Zealand's website](#).

Follow the link to an [infographic that highlights important facts and how people can minimise the risk of pneumococcal pneumonia](#).

Lung cancer – follow the link to a [Q&A video](#) with lung cancer patient survivor, Dr John Ashton which serves to highlight the symptoms of lung cancer. Please help improve early detection by sharing this video.

Also visit the Lung Foundation New Zealand on [Facebook](#).